

Curriculum Vitae

Valéria Cunha Campos Guimarães, MD, PhD, FACE

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Education and Training:

- | | |
|------------------|---|
| 07/81 - 07/87: | Medical School: University of Uberlândia School of Medicine |
| 01/88 - 02/89: | Residency in Internal Medicine: University of São Paulo School of Medicine |
| 2/2/89 - 2/1/90: | Residency in Nephrology: University of São Paulo Hospital School of Medicine |
| 2/2/90 - 1/2/92: | Residency in Endocrinology and Metabolism: University of São Paulo Hospitals School of Medicine |
| 02/92 – 02/96: | PhD – Doctoral degree in Endocrinology and Metabolism – University of São Paulo School of Medicine |
| 1995 - ongoing: | <i>Board certification in Endocrinology and Metabolism</i> – Brazilian Medical Association (AMB) and The Brazilian Society of Endocrinology and Metabolism (SBEM) |
| 3/2000: | Fellow of the American College of Endocrinology (ACE) |

Basic and Clinical Research:

02/90 - 11/92: Thyroid Laboratory at the Endocrine Division of the University of São Paulo School of Medicine

15/11/92 - 31/5/95: Fellowship at the Thyroid Study Unit, University of Chicago, USA

Current Position: 1996 - present

ENNE (Endocrinology and Nephrology Associated Physicians) – Director and Endocrinologist in Clinical Practice

Membership and Participation in Endocrine Societies - National and International:

1) *Brazilian Society of Endocrinology and Metabology (SBEM): Active member*

President: 2003 - 2005 (the third largest national Society of Endocrinology in the world, with over 4000 members distributed in 23 regional sections and one of the oldest and most respected medical societies in Brazil)

President Midwest Section-Three terms (SBEM-DF)-1999-2001, 2001-2003 and 2005-2007.

Council member of SBEM- 2005-2007

Chair of the International Relations Committee: 2003-2008

Chair of the 25th Brazilian Endocrine Society Meeting – Brasília, DF - 2002

Member of The Editorial Board of *Arquivos Brasileiros de Endocrinologia e Metabologia (ABEM)*- 2000-2006

Chair of the Selection Committee for the International Scholars program (Brazil/SBEM)- 2003-2008

Chair of the Media and Public Relations Committee: 2006-2008

Member of the International Committee: 2008-ongoing

Member of the Elections Committee: 2012-21014

Member of the Finance Council: 2016-2018/ 2018-2020

2) *The Endocrine Society: Active member*

Member of the International Task Force: 2003-2004

Member of Membership Committee: 2003 – 2006

Member of the International Relations Committee: 2004-2006

Co-Chair of the International Scholars Program –TES: 2005-2010

Council member -At large: 2006-2009

Council Liaison for the Advisory Panel on Ethics: 2004-2006

Member of the Awards Committee: 2009 - 2014

Member of The International Scholar Program: 2010 – 2014

Member of the Hormone Health Network Committee- 2014-2017

Member of the Nominating Committee - 2016-2019

3) American Association of Clinical Endocrinologists (AACE)

Member of the International Committee: 2002-2004.

4) American Thyroid Association (ATA): Active member

Member of the Patient Education and Advocacy Committee: 2006-2010

Member of the Development Committee: 2015-2018

Member of the Public Health Committee: 2018-2021

5) Latin American Thyroid Society (LATS): Active member

Member of Council (2001-2003)

6) International Society of Endocrinology (ISE)

Executive Committee – Member: (2000-2004, 2004-2008 and 2008-2010)

Chair of The Global Endocrine Health Strategic Committee of the International Society of Endocrinology (2004-2008)

Advisory Board:

External **Advisor** for the **Brazilian Food and Health Surveillance Agency (ANVISA)**-2003-2008

Representation in The Brazilian Senate, House of Representatives and Brazilian Health Ministry:

- 1- Nominated Representative for several Scientific Societies for the discussions on the Global Strategy on Diet, Physical Activity and Health, under the auspices of the Security and Family Committee, on the House of Representatives of the Brazilian Congress (2004).
- 2- Nominated Representative from SBEM for the Brazilian Ministry of Health Technical Group on the Global Strategy on Diet, Physical Activity and Health of the World Health Organization (2005).
- 3- Co-author of the text that served as technical support for the 49th Amendment of 2006 to the Brazilian Constitution, on the exclusion of the monopoly of the Union for the production, commercialization and utilization of Radioisotopes of short half life for medical, industrial and agricultural needs(2006)
- 4- Nominated Representative from The International Society of Endocrinology for the discussions on childhood obesity and publicity under the auspices of the “Social Matters Committee” of the Federal Senate of the Brazilian Congress (2007).

Honors and Awards:

Letter of Recognition from the Brazilian House of Representatives and Federal Senate for outstanding work on public health and for support of several legislative actions and laws.

Laureate Award for Distinguished Leadership – SBEM/São Paulo Section (2011)

Laureate Award for Distinguished Service –SBEM/Pernambuco Section (2012)

Laureate Award for Outstanding Public Service-The Endocrine Society (2015)

The Endocrine Society's distinguished Laureate Awards are presented in recognition of extraordinary achievements in the field of endocrinology. Award recipients are the top clinical and basic scientists, innovators, leaders, educators, and practitioners whose dedication and accomplishments are unmatched.

Professor Ulhoa Cintra Laureate Award-SBEM- Brazilian Society of Endocrinology and Metabolism (2020)

“Your tenure as the former president of SBEM is considered a milestone within our Society. Your professionalism, and your technical and administrative skills enabled SBEM to grow considerably, setting a high standard for future Boards to emulate. Your continued participation in and support of the Society further reinforce your nomination for the award. If SBEM is better today, it is in large part due to your excellence and expertise.”

Publications:

Articles and Editorials in Peer-Reviewed Journals:

- 1- **Guimaraes ,V.**, DeGroot, L.J. Moderate hypothyroidism in preparation for whole body ¹³¹I scinti- scans and thyroglobulin testing. Thyroid,1996 Apr(2):69-73.
- 2- **Guimaraes,V.**, Quintans, J., Fisfalen M-E., Straus, F., Wilhelm, K., Medeiros-Neto, G. ,DeGroot, L.J. Suppression of development of Experimental Autoimmune Thyroiditis by oral administration of TG. Endocrinology, 1995 Aug;136(8):3353-9.
- 3- **Guimaraes,V.**, Quintans, J., Fisfalen M-E., Straus, F., Fields PE., Medeiros-Neto, G. , DeGroot, L.J. Immunosuppression of thyroiditis. Endocrinology 1996 Jun; 137(6):2199-207.

- 4- Yanagawa T., **Guimaraes, V.**, Hidaka, Y., Soliman M., DeGroot, L.J. CTLA-4 gene polymorphism associated with Graves' disease in a Caucasian population. *J Clin Endocrinol Metab.* , 80:41-45, 1995.
- 5- Hidaka, Y., **Guimaraes, V.**, Soliman, M., Yanagawa, T., Okamoto, Y., Quintans, J., DeGroot, L.J. Production of thyroid stimulating antibodies in mice by immunization with T cell epitopes of human TSH receptor. *Endocrinology* 1995 apr; 136(4):1642-
- 6- Soliman, M., Kaplan, E.L., Straus, F. Fisfalen, M-E., Hidaka, Y., **Guimaraes V.**, DeGroot, L.J. A model of Graves' disease in SCID mice. *J. Clin. Endocrinol. Metab.*81, 35-41, 1995.
- 7- Soliman, M., Kaplan, E.L., Abdel-Latif, A., **Guimaraes, V.**, Yanagawa, T., Degroot, L.J. T cell recognition of residues 158-176 in thyrotropin receptor confers risk for development of thyroid autoimmunity in sibilings in a family with Graves' disease. *Thyroid* 1996 Dec; 6 (6): 545-51.
- 8- **Guimaraes, V.**, Yanagawa, T., Degroot, L.J. Intrathyroidal Cytokine gene expression in Hashimoto's Thyroiditis *Clin. Exp Immunol* 1996, 105:3, 53-57
- 9- Vieira JG, Nishida SK, Faria De Camargo MT, Hauache OM, Monteiro De Barros Maciel R, Guimaraes V. "MacroLH": anomalous molecular form that behaves as a complex of luteinizing hormone (LH) and IgG in a patient with unexpectedly high LH values. *Clin Chem.* 2003 Dec; 49(12):2104-5.
- 10- Gomes MA, Pierin AM, Sbissa AS, **Guimaraes V** Nogueira Ad Ada R, Brandao AP, Rodrigues CI, Mello EP, Mello Filho JX, Bodanese LC, Toscano P, Ferreira Filho S, Nobre F, Tavares A, Lopes AC, Ribeiro JP, Ayoub JC, Ribeiro JM, Introcaso L, Correa M, Maranhao M, Jabur P, Nascimento RM, Cunha Rd Rde S, Mulinari RA, Machado CA, Avila A, Andrade CO, Rocha JC, Lopes MM, Arruda MC, Azevedo MF, Carvalho MH, Lipp MN, Kohlmann NE, Jesus Nd N, Jardim PC, Amodeo C, Negrao CE, Ferreira C, Cunha CP, Toscano E, Lima EG, Monego ET, Braga FL, Chaves Jr Hd Hde C, Heiman J, Carvalho Td T, Kohlmann Jr O, Avezum A, Ribeiro AB, Gomes CA, Giorgi DM, Feitosa G, Ohashi H, Ramirez JA, Machado MM, Salgado Filho N, Luna RL, Franco RJ, Santos RA, Oigman W, Pascoal IF, Massaro A, Atallah AN, Brandao A, Freitas EV, Cordovil I, Oliveira JE, Ramos JG, Zanella MT, Wajngarten M, Miranda RD, Kahhale S, Koch V, Mion Jr D, Guimaraes AC, Palmeira CS, Forjaz CL, Coelho EB, Almeida FA, Pellizari IC, Ribeiro MA, Batlouni M, Lotufo P, Capelari RT, Magalhaes LC, Afiune Neto A, Cury A, Moreira A, Souza AL, Fuchs FD, Lessa I, Malachias MV, Bezerra R, Fuchs S, Praxedes JN, Cambara A, Lucon AM, Mendonca B, Borelli F, Silva HB, Romao Jr JE, Carvalho JG, Santello JL, Bortolotto L, Matavelli LC, Pinheiro ME. IV Brazilian Guidelines on Arterial Hypertension Work groups . *Arq Bras Cardiol.* 2004 Mar;82 Suppl 4:5. Epub 2004 Apr 22
- 11- **Guimaraes V.** History of ABEM's indexing: rationale, work, and emotion. *Arq Bras Endocrinol Metabol.* 2004 Apr;48(2):217-9. Epub 2004 Jul 7. Portuguese
- 12- **Guimaraes,V.** Aos sócios da SBEM. *Arq Bras Endocrinol Metab* vol 49 nº 2 Abril 2005
- 13- De Rosario PW, **Guimaraes VC**, Maia FF, Fagundes TA, Purisch S, Padrão EL, Rezende LL, Barroso AL. Thyroglobulin before ablation and correlation with posttreatment scanning. *Laryngoscope.* 2005 Feb;115(2):264-7.
- 14- Souza Rosario PW, Alvarenga Fagundes T, Villas-Boas Fagundes AS, Barroso AL, Lamego Rezende L, Lanza Padrao E, **Guimaraes VC**, Horta AC, Franco M, Purisch S. Ovarian function after radioiodine therapy in patients with thyroid cancer. *Exp Clin Endocrinol Diabetes.* 2005 Jun;113(6):331-3

- 15- Barreto SM, Pinheiro AR, Sichieri R, Monteiro CA, Filho MB, Schmidt MI, Lotufo P, Assis AM, **Guimaraes VC**, Passos V: Analysis of the Global Strategy on Diet, Physical Activity and Health of the World Health Organization: *Report by the Brazilian Ministry of Health Technical Group for the Global Strategy on Diet, Physical Activity and Health*. [Epidemiologia e Serviços de Saúde 2005; 14(1) : 41 - 68] 41
- 16- Rosario PW, Fagundes TA, Fagundes AV, Barraso AL, Rezende LL, Padrao EL, **Guimaraes VC**, Purisch S. Radioiodine therapy and age at menopause in patients with thyroid cancer. Clin Endocrinol (Oxf). 2006 Feb;64(2):225-6.
- 17- Rosario PW, Vasconcelos FP, Cardoso LD, Lauria MW, Rezende LL, Padrao EL, Barroso AL, **Guimaraes VC**, Purisch S. Managing thyroid cancer without thyroxine withdrawal. Arq Bras Endocrinol Metabol. 2006 Feb;50(1):91-6. Epub 2006 Apr 17
- 18- Rosario PW, Barroso AL, Rezende LL, Padrao EL, Borges MA, **Guimaraes VC**, Purisch S. Rosario PW, Barroso AL, Rezende LL, Padrao EL, Borges MA, Guimaraes VC, Purisch S. Testicular function after radioiodine therapy in patients with thyroid cancer. Thyroid. 2006 Jul;16(7):667-70
- 19- **Guimaraes VC**, de Castro LC, Bernardo WM. Exercício de diretrizes Rev Assoc Med Bras. 2006 Mar-Apr;52(2):76-7.
- 20- **Guimarães VC**, de Castro LC, Bernardo WM. Update in diagnosis of thyroid diseases, based in evidences and centered in the patient, Rev Assoc Med Bras. 2006 Mar-Apr;52(2):76-7. Epub 2006 Jun 1. Portuguese.

Book Chapters:

- 1- Síndrome Poliglandular Autoimune. **Guimaraes, V.** IN: Coronho Coronho V., Petroianu A., Santana E.M. & Pimenta L.G (editors). Tratado de Endocrinologia e Cirurgia Endócrina. Rio de Janeiro: Guanabara Koogan, 2001. ISBN 9788527706346.
- 2- Subacute and Riedel's Thyroiditis. **Guimarães, V.** In: De Groot, LJ, Jameson, JL (editors). Endocrinology, 5th Edition, Elsevier, Philadelphia, PA, 2005. ISBN 9780721603766.
- 3- Cancer Diferenciado de Tireóide . **Guimaraes, V.** Endocrinologia; São Paulo: Atheneu 2002.
- 4- Subacute and Riedel's Thyroiditis. **Guimarães, V.** In: Jameson JL &. De Groot, L (editors). Endocrinology. 6th Edition: Saunders, 2010. ISBN 9781416055839.
- 5- Subacute and Riedel's Thyroiditis. **Guimarães, V.** In: Jameson JL & De Groot, L (editors) Endocrinology. 7th Edition: Saunders, 2014. ISBN 9781416055840

CV: A Brief Summary with attachments



****The following text was extracted from the “Memories of past presidents of the Brazilian Society of Endocrinology and Metabolism (SBEM) at the Brazilian Medical Association (AMB)- 02/2020***

*Valeria Guimaraes is Director and an Endocrinologist in clinical practice at Endocrinology and Nephrology Associated Physicians (ENNE) in Brasília, Brazil.

Dr. Guimaraes completed her residency in Endocrinology at the University of São Paulo-Brazil and was a fellow at the Thyroid Study Unit of the University of Chicago. She has published in widely acknowledged international journals and is the author of several chapters in scientific books, including the chapter on Thyroiditis in the collection Endocrinology - Jameson/DeGroot.

In Brazil, As National President of Brazilian Endocrine Society (SBEM), Dr. Valéria mediated many debates and participated in the final drafting of the scientific document that supported Brazil in the signing of the Global Strategy on Healthy Nutrition, of the World Health Organization. She also co-authored the text that gave technical support to the Proposal of Amendment to the Constitution (PEC 49/2006), which excluded the Union’s monopoly for the production, marketing and utilization of short-life radioisotopes, for medical, agricultural and industrial uses. This fact allowed for the use of PET SCAN with diagnostic and propedeutic purposes in the whole country, making the life of thousands of cancer patients easier. She also represented several medical organizations in the Senate, in discussions involving Advertising and Childhood Obesity.

Valeria Guimaraes has developed, led and contributed to local and national public awareness campaigns in the Endocrinology field. The results were presented in medical conferences, having received acknowledgment from the international and national scientific communities. For the whole of those actions, she received a Certification of Congratulations from the Senate in a public ceremony of recognition. Also, for her historical administration at SBEM, she received honors from her peers, which can be seen in her celebrating plaques.

In 2015, Guimaraes was granted The Endocrine Society Laureate Award for Outstanding Public Service. This distinguished Laureate Awards is presented in recognition of extraordinary achievements in the field of Endocrinology.

Dr. Guimaraes continues to play an active role on important committees at the Brazilian Society of Endocrinology and Metabolism (SBEM), The Endocrine Society, the Latin American Thyroid Association and the American Thyroid Association and is an important voice for public health in her country. In June of 2018, her work and her persona was highlighted by one of the most important newspapers of Brazil- *Correio Braziliense* - as ***Living Heritage of Medicine, in Brasília.***

“All these years, when she is asked for representing the Brazilian Society of Endocrinology and Metabolism in meetings with the Brazilian Government Agencies and the Legislature, she is always ready to accept it, go and discuss the Society’s ideas with them, aiming in the first place the best for the population, concerning awareness and fighting for the right and easiness for public medical access and procedures.”

In September of 2020 she will receive the **Professor Ulhoa Cintra Laureate Award** from the Brazilian Society of Endocrinology and Metabolism (2020), the highest award of recognition from SBEM and her peers.

“Your tenure as the former president of SBEM is considered a milestone within our Society. Your professionalism, and your technical and administrative skills enabled SBEM to grow considerably, setting a high standard for future Boards to emulate. Your continued participation in and support of the Society further reinforce your nomination for the award. If SBEM is better today, it is in large part due to your excellence and expertise.”

In spite of all those activities, Dr. Valéria has never given up her daily clinical practice. Those who know her are aware of how much she feels fulfillment in her work as a doctor.

Attachments

1. Global Strategy on Diet, Physical Activity and Health of the World Health Organization – Ministry of Health Technical Support Group Report, 2005.

RELATÓRIO

Análise da Estratégia Global para Alimentação, Atividade Física e Saúde, da Organização Mundial da Saúde*

Analysis of the Global Strategy on Diet, Physical Activity and Health of the World Health Organization

Sandhi Maria Barreto
Universidade Federal de Minas Gerais, Belo Horizonte-MG
Secretaria de Vigilância em Saúde, Ministério da Saúde, Brasília-DF

Anelise Rizzolo de Oliveira Pinheiro
Secretaria de Atenção à Saúde, Ministério da Saúde, Brasília-DF

Rosely Sichieri
Instituto de Medicina Social, Universidade Federal do Rio de Janeiro, Rio de Janeiro-RJ

Carlos Augusto Monteiro
Universidade de São Paulo, São Paulo-SP

Malaquias Batista Filho
Instituto Materno-Infantil de Pernambuco, Recife-PE

Maria Inês Schimidt
Universidade Federal do Rio Grande do Sul, Porto Alegre-RS

Paulo Lotufo
Universidade de São Paulo, São Paulo-SP

Ana Marlúcia Assis
Universidade Federal da Bahia, Salvador-BA

Valéria Guimarães
Sociedade Brasileira de Endocrinologia e Metabologia

Elisabetta Gioconda Iole Giovanna Recine
Associação BRANDH

César Gomes Victora
Universidade Federal de Pelotas, Pelotas-RS

Denise Colinho
Universidade de Brasília, Brasília-DF

Valéria Maria de Azevedo Passos
Universidade Federal de Minas Gerais, Belo Horizonte-MG

Resumo

O presente documento analisa a Estratégia Global para Alimentação, Atividade Física e Saúde da Organização Mundial da Saúde (EG/OMS), em resposta à demanda da Portaria nº 596/GM, de 8 de abril de 2004, do Ministério da Saúde. A análise das evidências científicas que apoiam cada recomendação feita pela EG/OMS foi realizada tendo como referência os critérios definidos pelo Grupo de Peritos do Relatório 916 da OMS, o qual determina a classificação das evidências em convincente, provável, possível e insuficiente. Realizou-se reunião com os componentes do grupo responsável por este documento, para analisar as evidências científicas que apoiam a iniciativa da OMS e classificá-las por consenso, segundo os critérios utilizados na sua elaboração. Projeções para as próximas décadas indicam um crescimento epidêmico das doenças não transmissíveis – particularmente das doenças cardiovasculares, neoplasias e diabetes tipo 2 – na maioria dos países em desenvolvimento. A transição nutricional em curso nesses países, com o aumento expressivo da obesidade, é um dos fatores mais importantes para explicar essa tendência. As recomendações da EG/OMS baseiam-se em evidências científicas convincentes e criam oportunidades para promover a saúde e prevenir o crescimento da obesidade e das doenças não transmissíveis no país e no mundo. A EG/OMS é parte de um grande esforço em prol da alimentação, atividade física e Saúde Pública.

Palavras-chave: alimentação saudável; obesidade; atividade física; doenças crônicas.

Summary

The current document analyzes the Global Strategy on Diet, Physical Activity and Health of the World Health Organization (GS/WHO), and is a response to the Brazilian Ministry of Health Directive nº 596/GM, of 8th April 2004. The criteria proposed by the WHO Report 916 were adopted to analyze the scientific evidence supporting each recommendation made by the GS/WHO, which are categorized based on a classification system of: convincing, probable, possible, and insufficient. The technical group analyzed the published evidence supporting GS/WHO recommendations and classified them by consensus, as proposed by WHO Report 916 criteria. Projections for the next decades point to an epidemic of non-transmissible diseases – particularly cardiovascular diseases, cancer and type 2 diabetes – in most developing countries. The dietary transition, due to the observed increases in obesity, is one of the most important reasons for this tendency. Recommendations by GS/WHO are based on convincing scientific evidence and create opportunities for health promotion, and for preventing of obesity and non-communicable diseases in the country and worldwide. The GS/WHO is part of a greater effort to realize the benefits of diet, physical activity and public health.

Key-words: diet; obesity; physical activity; chronic diseases.

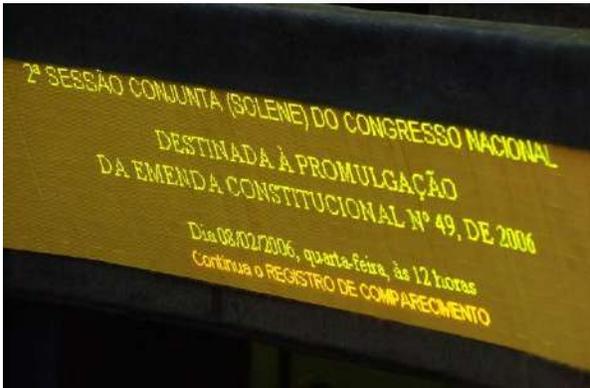
* Relatório do Grupo Técnico Assessor do Ministério da Saúde para Análise da Estratégia Global para Alimentação, Atividade Física e Saúde / Report by the Brazilian Ministry of Health Technical Group for the Global Strategy on Diet, Physical Activity and Health of the World Health Organization

Endereço para correspondência:
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E-mail: sbarreto@medicina.ufmg.br

2. **Brazilian Senate Session for the amendment to the Brazilian Constitution, excluding the monopoly of the Union for the production, commercialization and utilization of short half-life isotopes for medical and industrial and agricultural needs. Brasília, 2006**



SENADO FEDERAL



<http://www12.senado.gov.br/jornal/edicoes/2006/02/13/promulgada-pec-que-flexibiliza-uso-de-radioisotopos-para-fins-medicos>

Promulgada PEC que flexibiliza uso de radioisótopos para fins médicos

(Promulgated the amendment to the Constitution turning more flexible the use of radioisotopes for medical purposes)

Brazilian Senate Post (authorized reproduction)

3. Brazilian Senate – Session for discussing the link between food merchandise and children’s health and childhood obesity (June. 12. 2007).

The audience was requested by Senator Katia Abreu and organized by the Health Permanent Sub-committee of the Brazilian Congress.



Senate discusses merchandize of food which and impairs children’s health.

Senado Federal discute propaganda de alimentos que prejudicam saúde de crianças



http://www.direitos.org.br/index.php?option=com_content&task=view&id=3387&Itemid=2

12 de junho de 2007

A Comissão de Assuntos Sociais do Senado federal realizou hoje (12/6) uma audiência pública para debater propostas legislativas para regular a publicidade voltada à infância que estimula a alimentação inadequada e gera doenças e obesidade em crianças e adolescentes. O gasto do Estado com programas de saúde para atender pessoas com obesidade e doenças derivadas corresponde a montante igual ao que a indústria investe em publicidade. O Professor Edgar Rebouças (foto), pesquisador da Sociedade Brasileira de Estudos Interdisciplinares da Comunicação - Intercom, mostrou como a publicidade influencia crianças desde os primeiros meses de vida e como a indústria estabelece estratégias para capturar essas crianças desde cedo.



Obesidade é preocupação mundial

Obesity is a global concern

A coordenadora do Departamento de Doenças Metabólicas com Impacto Global da Sociedade Internacional de Endocrinologia, Valéria Guimarães, destacou ainda o problema do *marketing* e da publicidade promovidos pela indústria de alimentos. Segundo ela, o investimento nesse tipo de propaganda é tão grande quanto os gastos na área de saúde para

combater a própria obesidade. A indústria alimentar vai ter que rever suas práticas de *marketing* e incluir alimentos mais saudáveis entre seus produtos - disse Valéria Guimarães.

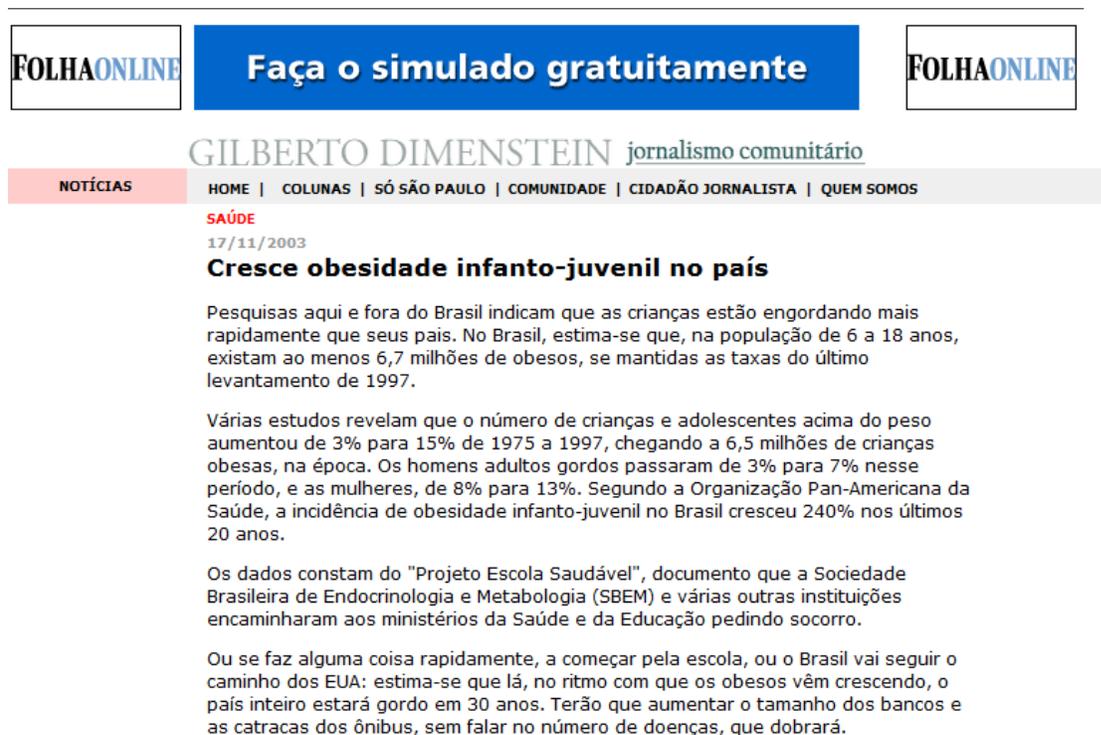
The coordinator of the Department of Metabolic Diseases with Global Impact from the International Society of Endocrinology, Valeria Guimaraes, highlighted the issue of marketing promoted by the food industry. According to her, the investment on this kind of merchandize is as high as the ones on health system to fight against obesity.

Valéria Castanho / Reporter from Agência Senado
(authorized reproduction)

4. **Healthy School Program (Projeto Escola Saudável – in Portuguese)** – a program developed by the Brazilian Society of Endocrinology and Metabolism and co-sponsored by the Brazilian Society of Pediatrics, Brazilian Society for the Study of Obesity and the University of Brasilia-Department of Nutrition.



Brazilian Society of Endocrinology website – report on the Healthy School Program



Folha de São Paulo Post- report on the Healthy School Program. Theme – Increasing Childhood Obesity in the country. Reporter Aureliano Biancarelli.



A school in Rio de Janeiro State hosting the Healthy School Program, in 2005.



Healthy School Program logo and kits (with CD, books, games, charts and educational material)

5. Public Awareness Thyroid Campaigns in 1998 and 1999

The following slides summarizes important results of two public awareness campaigns and their overall impact on the media, The Health Ministry of Brazil, Federal Council of Medicine, Brazilian Medical Association, highlighting the important work of endocrinologists and its advocacy over iodine deficiency and goiter.

Results of the T Connection

Approximately 3500 examinations were performed. 35% showed morphological alterations: more than half of these with dysfunctions.

- Lists of endocrinologists at SBEM (Phone # and Society home page address were distributed) .
- Results of the study were distributed to various entities including the Endocrine Society, AACE, ATA, the World Health Organization and the Ministry and Secretaries of Health.

Results



"The Ayrton Senna journalism award is given to the newspaper for its series of articles exposing the iodine deficiency in salt and its consequences" *Correio Braziliense*, 03/22/00

Results



A local newspaper pressures the Ministry of Health to determine why some salt had a low iodine content.

"A amarga tragédia do sal", *Correio Braziliense*, 10/30/99

Respect and improved credibility



The Brazilian Medical Association congratulates the organizers of the campaign

Results



"The Minister of Health warns the manufacturers of salt that they will be shut down if they don't place the correct amount of iodine in their product." *Correio Braziliense*, 10/29/99

CONCLUSION

Nós temos a força!!!

Various endocrinologists from Brasília, with the support of the press, organized a protest and a demonstration in front of the government building. In Brasília, several medical institutions were visited. In Piauí, a meeting was held with the local government to discuss the problem of iodine deficiency. It was the first time in the history of the profession that endocrinologists took to the streets and without protests against the government or the desire to improve their salaries, were able to raise the awareness level of everyone to a serious problem.

We have the power!!!!

A number of endocrinologists from Brasília took to the streets and without protests against the government or the desire to improve their salaries, were able to raise the awareness level of everyone to a serious problem. It was first in campaign in developing the use of the self examination of the thyroid.

Revista Foco, 50 ed. 11/99

6. Laureate Award for Distinguished Leadership – SBEM São Paulo Section (2011)



7. Laureate Award for Distinguished Service –SBEM Pernambuco Section (2012)



8. Letter of Recognition from the Brazilian House of Representatives and Federal Senate
<http://www.senado.gov.br/publicacoes/diarios/pdf/sf/2005/11/23112005/40748.pdf>

http://www.senado.gov.br/publicacoes/diarios/asp/Diarios.asp?TIP_PAGINA=SENADO&ANO=2005&MES

Quarta-feira 24	DIÁRIO DO SENADO FEDERAL	Novembro de 2005
<p>O SR. PRESIDENTE (Renan Calheiros PMDB) – AL) – Os requerimentos que tiveram de ser lidos serão votados após a Ordem do Dia, na forma do disposto no inciso II de art. 340 do Regimento Interno do Senado Federal.</p> <p>Sobre a mesa, requerimento que será lido pelo Sr. 1º Secretário em exercício, Senador Papaléo Paes.</p> <p>E lido o seguinte:</p> <p>REQUERIMENTO Nº 1.348, DE 2005</p> <p>Senhor Presidente,</p> <p>Requeremos, nos termos do art. 222 do Regimento Interno do Senado Federal, seja enviada à direção do TV Itaipava Voto de Congratulações pelo transcurso dos 45 anos de atividade da emissora.</p> <p>Justificação</p> <p>A história da TV na Bahia começa com a inauguração da TV Itaipava, em 1960.</p> <p>No momento que a TV Itaipava completa 45 anos de atividade servindo à cultura e ao lazer no Estado da Bahia, o Senado Federal apresenta um Voto de Congratulações pela sua dedicação e quantas atitudes na Emissão.</p> <p>Sala das Sessões, 23 de novembro de 2005.</p> <p>– Senador Antonio Carlos Magalhães – César Borges.</p> <p>(4. Comissão de Constituição, Justiça e Cidadania.)</p>	<p>com duas décadas dedicadas à vida pública. Nesse período, serviu, por quatro anos, o mandato de Prefeito de Correntina.</p> <p>Lúcido e participativo, Pedro Guerra é um exemplo de dedicação à sua comunidade. Nascido em Santa Maria do Vitória, de conspurcada família dedicada a político e ao desenvolvimento da região, o homenageado teve sua vida retratada em biografia, com publicação já anunciada, destinada à população, para as futuras gerações, seus fatos e seu espírito.</p> <p>Para as razões expostas, encarecemos o apoio dos nobres Pares à esta iniciativa.</p> <p>Sala das Sessões, 23 de novembro de 2005.</p> <p>– Senador Antonio Carlos Magalhães.</p> <p>REQUERIMENTO Nº 1.350, DE 2005</p> <p>Senhor Presidente,</p> <p>Requeremos, nos termos do art. 222, do Regimento Interno, sejam encaminhadas Votos de Congratulações à Doutora Valéria Cunha Campos Guimarães, pelo profícuo trabalho que desenvolve na Medicina. Requerem, ainda, sejam enviadas cartas de felicitação à Sociedade Internacional de Endocrinologia e Metabolologia e ao Conselho Regional de Medicina do Distrito Federal, pela publicação, de caráter, sobre Trióides no Livro Endocrinology, a mais completa referência mundial em educação médica na Especialidade.</p> <p>Justificação</p> <p>Valéria Cunha Campos Guimarães é médica Endocrinologista há 15 anos. Nascida em Brasília, formou-se em Medicina pela Universidade Federal de Uberlândia. Fez residência em Clínica Médica, Nefrologia, Endocrinologia e Metabolismo no Hospital das Clínicas da Faculdade de Medicina da Universidade de São Paulo; doutorou-se nas Universidades de São Paulo (USP) e de Chicago (USA); e é Fellow do American College of Endocrinology.</p> <p>Até novembro deste ano, foi presidente da Sociedade Brasileira de Endocrinologia e Metabolologia (SBEM), a maior do mundo nessa especialidade, com mais de 5 mil associados em todo o país. Durante sua gestão, Valéria Guimarães esteve à frente das negociações que levaram o Brasil a assinar a Estratégia Global sobre Alimentação Saudável, da OMS. No mesmo período, participou efetivamente da organização no Brasil do Programa Escola Saudável e de inúmeras campanhas públicas que incentivaram o reconhecimento das comunidades médico-científicas internacionais e nacionais.</p> <p>Possui vários trabalhos publicados em revistas internacionais, altamente conceituadas, no mais vasto</p>	<p>Novembro de 2005</p> <p>DIÁRIO DO SENADO FEDERAL</p> <p>Quarta-feira 24 40749</p> <p>lico. É membro efetivo das seguintes sociedades internacionais: International Society of Endocrinology (ISE); The Endocrine Society; American Association of Clinical Endocrinology (AAACE); American Thyroid Association (ATA); American Diabetes Association (ADA); e Latin American Thyroid Association (LATAS).</p> <p>Coordena o Departamento de Doenças Metabólicas com Impacto Global, da Sociedade Internacional de Endocrinologia e Metabolologia. Participa ainda da Organização Mundial da Saúde. Participa ainda do Conselho Internacional da Associação Americana de Endocrinologistas Clínicos (AAACE), do Conselho Executivo da Sociedade Americana de Endocrinologia (The Endocrine Society); do Conselho Executivo da Sociedade Latino-Americana de Trióides e foi recentemente empossada como membro do Conselho Executivo da Sociedade Internacional de Endocrinologia, representando toda a América Latina e América do Sul. É responsável e co-líder técnico do programa Internacional Schollars Program, que identifica novas lideranças em Endocrinologia e Metabolologia no Brasil e garante o treinamento e o custeio destes jovens em grandes centros de pesquisa no exterior, para que retornem ao Brasil prontos para dar sua contribuição na pesquisa científica brasileira.</p> <p>Recentemente publicou um capítulo sobre Trióides Subagudas e Híperdo no livro mais completo, referência mundial em educação médica na Especialidade e que mostrou o presente requerimento. Segundo seus esforços, a tripa de um cogitudo no Endocrinology tem o impacto de 16 publicações em revistas indexadas nacionais.</p> <p>Sala das Sessões, 23 de novembro de 2005.</p> <p>Antonio Carlos Magalhães.</p> <p>avê crédito extraordinário ao Orçamento Fiscal da União, em favor do Ministério da Defesa e, em consequência, também ao Orçamento de Investimento, em favor da Infraero, no valor de trezentos e oitenta milhões de reais, para os fins que especifico.</p> <p>Relator revisor: Senador Flexa Ribeiro</p> <p>A matéria contida da Ordem do Dia da sessão deliberativa ordinária de ontem, quando deixou de ser apreciada por solicitação do Líder do PFL, sendo incluída na sessão de hoje.</p> <p>A Medida Provisória foram apresentadas 10 emendas.</p> <p>Foram proferidos pareceres no Plenário da Câmara dos Deputados, em substituição à Comissão Mista de Planos, Orçamentos Públicos e Fiscalização. Relator: Deputado Pedro Chaves (PMDB-GO), pelo atendimento dos pressupostos constitucionais de relevância e urgência; pela constitucionalidade, juridicidade e teorica legislativa; pela adequação financeira e orçamentária, e, no mérito, favorável à Medida Provisória, nos termos do Projeto de Lei de Conversão que oferece, e pela rejeição das emendas.</p> <p>Antes de submeter a matéria ao Plenário, a Presidência presta os seguintes esclarecimentos:</p> <ul style="list-style-type: none"> – a Medida Provisória foi remetida à Câmara dos Deputados no dia 8 de setembro, tendo sido apreciada naquela Casa no dia 16 de novembro; – a matéria entrou em regime de urgência, nos termos do § 6º do art. 62 da Constituição Federal, no dia 9 de outubro, passando a sobrestar todas as demais deliberações legislativas;

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9. Outstanding Public Service Award – Laureate Award from the Endocrine Society- 2015



10. Announcement for the Awardee from the Brazilian Society of Endocrinology and Metabolism. Prêmio Professor Ulhoa Cintra.

